

Actually, Dying Might Be An Unexpectedly Positive Experience

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Thrive Global:

In a paper published in *Psychological Science*, researchers analyzed the language used in the blogs of terminal cancer patients and the poetry and last words of death row inmates. They found that both groups used more positive words, fewer negative words, or both compared to the writing samples created by experiment participants who were asked to imagine what it would be like to be facing deadly illness or capital punishment.

What's especially interesting: the closer cancer patients came to death, the *more* positive their language became — largely due, the results indicate, to the meaning-making found in close relationships and religion.

Read the whole story: [Thrive Global](#)