

# **A Youth Mental Health Crisis Was Already Brewing. The Pandemic Made It Worse, Surgeon General Says.**

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The situation painted across the U.S. surgeon general's 53-page advisory is dire.

Compared with 2019, emergency room visits for suicide attempts rose 51 percent for adolescent girls in early 2021. Among boys, there was a four percentage point increase. Depression and anxiety doubled during the [coronavirus](#) pandemic, with 25 percent of youths experiencing depressive symptoms and 20 percent suffering anxiety symptoms, according to [the report](#) published Tuesday.

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