

6 Science-Backed Ways To Make Better Decisions

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The Huffington Post:

Imagine what the world would be like if everyone practiced a little more rational decision-making.

Fortunately, research *does* show that there are things you can do to help make more accurate and reason-based — and less emotion-based and potentially impulsive — decisions. Here are just a few.

Read the whole story: [*The Huffington Post*](#)