Loss of a loved one is something everyone experiences, but we have had little scientific perspective on this universal experience. Renowned grief expert, neuroscientist, and psychologist and APS Fellow Mary-Frances O’Connor shares groundbreaking discoveries about what happens in our brain when we grieve, providing a new paradigm for understanding love, loss, and learning. In this interview she also discusses her upcoming book, “The Grieving Brain: The Surprising Science of How We Learn from Love and Loss.”