Casual Sex, Self Esteem, and the Prejudices Women Face

June 17, 2021

Despite increases in gender equality and the normalization of casual sex in many cultures, the belief that women who engage in casual sex have low self-esteem remains widespread. New research examines this entrenched stereotype and finds no significant correlation between a woman’s sexual behavior and her self-esteem. Professor Jaimie Arona Krems discusses these findings published in the journal Psychological Science.