Casual Sex, Self Esteem, and the Prejudices Women Face

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Despite increases in gender equality and the normalization of casual sex in many cultures, the belief that women who engage in casual sex have low self-esteem remains widespread. New research examines this entrenched stereotype and finds no significant correlation between a woman’s sexual behavior and her self-esteem. Professor Jaimie Arona Krems discusses these findings published in the journal *Psychological Science.*