CONTENTS

2 Why Study Self-Esteem?

5 Problems and Challenges

9 Method of Searching the Literature

10 School Performance

14 Job and Task Performance

15 Interpersonal Relations

21 Aggression, Violence, Delinquency, and Antisocial Behavior

25 Happiness, Coping, Depression

28 Health, Smoking, Alcohol and Other Drugs, Sex, Eating

36 General Discussion and Conclusions