

Improving the Science and Practice of Youth Mental Health Care

November 08, 2013



John Weisz uses psychological science to help children and adolescents overcome emotional and behavioral problems—including depression, anxiety, and misconduct. Following his *Deployment-Focused Model* of intervention development and testing, Weisz uses randomized controlled trials and meta-analyses to identify interventions that will succeed in the community clinic and school settings where young people most often receive mental health care. Through his Harvard Lab for Youth Mental Health, Weisz and his team carry out multiple projects with a network of collaborators, including researchers from diverse disciplines, policymakers and government leaders, clinic and school personnel, and the true experts: families who use the mental health care system. Weisz is the recipient of a 25th anniversary [APS James McKeen Cattell Fellow Award](#) for bringing science and practice together to improve youth mental health care. Read more about Weisz's research [here](#).