

# Culture and Health

August 12, 2011



Where we come from and the cultural environment we were raised in has a big impact on many aspects of our lives. James Jackson's research focuses on how culture influences our health (both mental and physical) during our lives, attitude changes, and social support. Jackson has contributed enormously to our understanding of race relations and racism, not just in the United States, but around the world. For example, his research has highlighted how racial discrimination can affect physical and mental health and treatment. He has conducted very comprehensive social, political behavior, and mental and physical health surveys on African American and Black Caribbean populations. Among the goals of these surveys was the documentation of the physical, mental, emotional, and economic conditions of African Americans at the start of this century. Jackson is a member of the Institute of Medicine of the US National Academies of Science and Engineering, a Fellow of the American Academy of Arts and Sciences, and a founding member of the Aging Society Research Network of the MacArthur Foundation. He is a recipient of the Association for Psychological Science (APS) [James McKeen Cattell Fellow Award](#) for his lifetime of [significant intellectual achievements](#) in applied psychological research.

[Watch Jackson's Keynote Address](#) at the [24th APS Annual Convention](#).