

# Inside the Psychologist's Studio: Paul Ekman

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He created an “atlas of emotions” with more than 10,000 facial expressions. His research on identifying deception and hidden demeanor is used to train law enforcement and security personnel around the world. He was even the inspiration for a television drama series. APS William James Fellow Paul Ekman reflects on his storied career [in an interview for the Inside the Psychologist's Studio video series](#). The interview, filmed before a live audience last May at the 2014 APS Annual Convention in San Francisco, was conducted by APS Past President Robert Levenson. In the conversation, Ekman talks about:

- his emotion expression research that began with an isolated tribe in Papua New Guinea;
- the training tools he developed to help people understand microexpressions,
- his friendship with the Dalai Lama, and
- his disappointments over the way his science was represented in “Lie to Me,” a TV series based on his life and work.

“Inside the Psychologist's Studio,” modeled after the “Inside the Actor's Studio” series that aired on the Bravo cable television network, features senior luminaries in the field reflecting on their accomplishments. The entire collection of these interviews is available at <http://www.psychologicalscience.org/index.php/members/itps-videos>