

Study techniques that work — and (surprisingly) don't

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The Washington Post:

Is cramming before a test better than not studying at all? Is underlining material a good way to retain information? A new school year is a good time to look at the latest research on the best ways to study. What works and doesn't may surprise you.

A 2013 study called "Improving Students' Learning With Effective Learning Techniques" and published in "Psychological Science in the Public Interest," a journal of the Association for Psychological Science, evaluated the 10 most commonly used learning techniques and concluded the following about effectiveness.

Read the whole story: [*The Washington Post*](#)